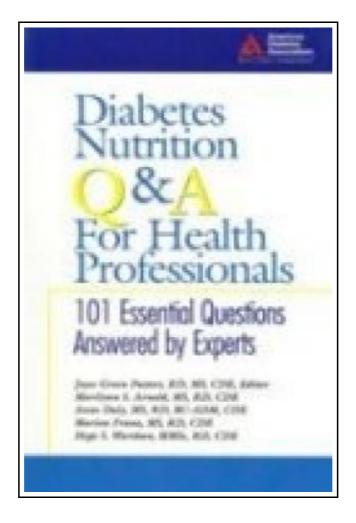
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Reviews

The book is great and fantastic. It is writter in straightforward words and phrases rather than difficult to understand. You wont really feel monotony at at any time of your respective time (that's what catalogues are for regarding should you question me).

(Payton Miller)

DIABETES NURITION Q AND A FOR HEALTH PROFESSIONALS: 101 ESSENTIAL QUESTIONS ANSWERED BY EXPORT



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Viva Books Private Limited, 2006. Softcover. Book Condition: New. What?s the number 1 topic on the minds of our patients with diabetes? Food. From diagnosis on, they look to us for advice on what to eat, when to eat, and how to eat the foods they love. Now you can have the most reliable source for that information right at your side. For example, get the facts on Omega-3 fatty acids and nutritional supplements: Are food sources superior to supplements? Sugar: Can any food be worked into a diabetes meal plan? Snacks: Who needs them, when and why? Glycerine index: Will using it improve glucose control? Protein restriction: Does it protect renal function? Weight loss: What?s more effective, diet or excercise? Diabetes Nutrition Q & A for Health Professionals will provide answers to the most puzzling, complicated and vital questions concerning food and diabetes. The nearly 250 references reveal the breadth of the literature search these five diabetes experts have done for you. Contents: Medical nutrition therapy goals? Medical nutrition therapy outcomes? Nutrient recommendations? Carbohydrate? Protein? Fat? Alcohol? Supplements? Sodium? Nutrition assessment? Patient education goal setting? Educational intervention? Meal planning approaches? Patient follow-up and evaluation? Physical activity? Medication? Pattern management? Obesity/ weight maintenance? Special populations? Older people? Gestational diabetes? Common concerns/ issues? Eating away from home? Hypoglycemia/ hyperglycemia/ sick days? Portion control? Nutrition label? Snacking? Prevention of diabetes ? Resources ? Dietician access/ referral ? Educational resources ? Reimbursement ? Refernces Printed Pages: 186.

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