



## Walking the Himalayas: An Adventure of Survival and Endurance (Hardback)

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By Wood, Levison

Hodder Stoughton General Division, United Kingdom, 2016. Hardback. Book Condition: New. 240 x 162 mm. Language: N/A. Brand New Book. Levison Wood is a great adventurer and a wonderful storyteller Sir Ranulph Fiennes Bestselling author of Walking the Nile Levison Wood is bewildered by being called a sex symbol, as a death-defying trek through the Himalayas is set to have fans pulses racing. Daily Mail Britain s best-loved adventurer.he looks like a man who will stare danger in the face and soak up a lot of pain without complaint. The Times Levison Wood s most challenging expedition yet begins along the Silk Road route of Afghanistan and travels through five countries. Following in the footsteps of the great explorers, Levison walks the entire length of the Himalayas in an adventure of survival and endurance. A personal story of discovery, Levison forges strong bonds with local guides, porters, mountain men, soldiers, farmers, smugglers and shepherds. By travelling on foot, and following the same footpaths that locals use, he uncovers stories that might otherwise remain hidden. Along the way he also reveals the history of the Himalayas and two millennia of exploration, and examines a continent in crisis in the 21st century....



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