



Chef

By Sabrina Mahfouz

Bloomsbury Publishing PLC, United Kingdom, 2015. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book. I cook here, create here, make here be as much of life as I can because outside of this I m not safe, I don t know the way. Chef tells the gripping story of how one woman went from being a haute-cuisine head chef to a convicted inmate running a prison kitchen. Leading us through her world of mouth-watering dishes and heart-breaking memories, Chef questions our attitudes to food, prisoners, violence, love and hope. Inspired by an interview Mahfouz conducted with celebrity chef Ollie Dabbous, Chef studies food as the ultimate art form taking stimulus from Dabbous s obsession with simplicity and making something the best it can be. Featuring Sabrina Mahfouz s distinct, lyrical style in abundance, Chef received its premiere at the Underbelly, Cowgate, during the 2014 Edinburgh Festival Fringe, winning a Fringe First, and was produced at the Soho Theatre, London, in June 2015.



Reviews

A must buy book if you need to adding benefit. Of course, it is actually perform, still an interesting and amazing literature. I am delighted to explain how this is basically the best book i actually have read through during my individual life and may be he best book for at any time.

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It is an remarkable pdf that I actually have actually read. It really is packed with knowledge and wisdom I am very happy to tell you that this is the finest ebook i actually have go through during my very own life and may be he very best book for actually.

-- Hailey Jast Jr.