



Be a Hero This Year: New Year s Resolutions and Powerful Goal Setting to Achieve the Unimaginable (Goal Setting Success, Goal Setting, How to Set and Achieve Smart Goals, Achieve Any Goal)

By V Noot

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Be a hero or heroine and set powerful, achievable goals this year! Do you want to get the most out of life? New year s resolutions and goals are often a good way to achieve that. But setting accomplishing goals for the new year can be tricky. This book will give you tips and tricks to set powerful goals and follow through. You might have set goals already, or maybe you forgot your new year s resolutions and haven t followed up on them yet. This book will give you that spark you need to pick up your focused pattern again and celebrate at the end of the year. If you do what is being taught in this book, you ll be able to: Know why you set goals Get rid of excuses you tell yourself Find effective ways to be reminded of them Be more motivated to achieve them Find out what is holding you back Be the best you can be I will show you proven techniques that people have used to accomplish...



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