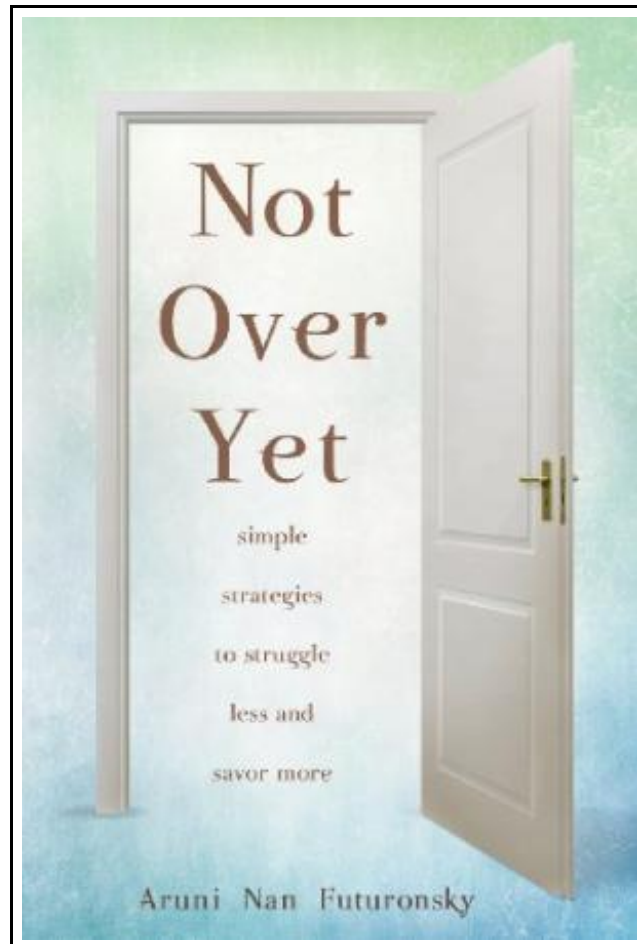


Not Over Yet: Simple Strategies to Struggle Less and Savor More



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