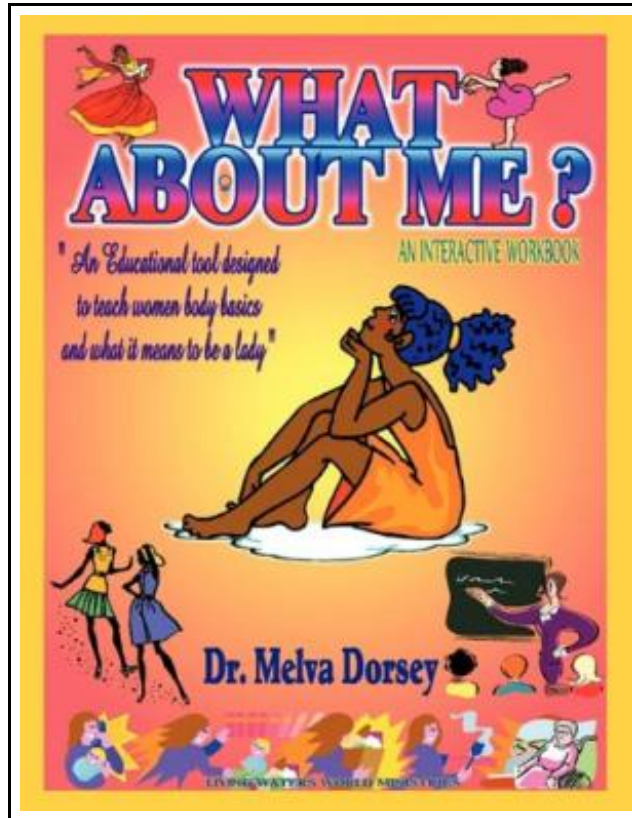


## What About Me?



Filesize: 6.75 MB

### **Reviews**

*Complete information for publication enthusiasts. I have go through and that i am confident that i will gonna go through once more again in the future. Its been printed in an exceptionally basic way and is particularly just following i finished reading through this book by which basically altered me, alter the way i really believe.*

**(Angela Kuhn)**

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Trafford Publishing, Canada, 2010. Paperback. Book Condition: New. 274 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.WHAT ABOUT ME? (WAM?) Project is designed to be used in treatment centers, schools, churches, community centers, in the home and to any female and of ages from puberty to menopause. The WAM? Interactive Workbook has been written and designed by Dr. Melva Dorsey to be used as a tool within the WAM? Presentation; valuable information that has been reviewed by a medical professional is presented, teaching these women their body basics and functions and also how to protect themselves from STD s and unwanted pregnancies. WAM? engages each woman/female on self knowledge and then re-educates them to have a greater positive body image which is of great importance for women recovery from substance abuse; self acceptance is need to help prevent relapses. WAM? women/females are taught how to use the proper terms when referring to their body parts. Open discussions within group strengthen the foundational tools each individual women/females needs to affirm her understanding about being a women and a lady. WAM? seeks to improve women s health through education and support; teaching the importance of self care creates an ease about keeping Doctors appointments which can saved their lives; the importance of pap smears, breast examinations and mammogram are all significant topics of the WAM? Workbook and Presentation. The information gained through the WAM? Workbook and Presentation helps the community to recognize the need for re-education concerning women s health care. WAM? women/females learn to take responsibility for their own health concerns; increasing feminine awareness of their bodies helps to shape new views and attitudes to make healthier choices that are important for total recovery. Building a better society begins in the health of its people....

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**THE Key to My Children Series: Evan s Eyebrows Say Yes**

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AUTHORHOUSE, United States, 2015. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book is about a little biracial (African American/Caucasian) girl s first day...

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**The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)**

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to

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**Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities**

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents

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